

# Psychological Approaches to Pain

Presented By: Angela Curtis, MA

This PowerPoint covers pain measurement, the effects of pain in the brain, mindfulness techniques and discussion about mindfulness meditation and it's positive effect on children.

## Training Objectives:

- Facts about Pain Catastrophizing
- What Causes Pain
- The Fifth Vital Sign /Pain Measurement
- History of pain and medication for pain
- Medication Addiction, differences of opiates/opioids
- Non-Drug Evidenced Based Treatments (adult and children)



**WHEN**  
**9:00A—11:00A**

**Tuesday**

**3/11/25**

**Tuesday**

**7/15/25**

**\*VIRTUAL\***

Training link will be sent out via email 1-2 business days prior to training date.

**REGISTRATION  
REQUIRED**

**CLICK HERE, TO REGISTER**  
[Psychological Approaches to  
Pain Registration 2024](#)

Approved for  
2.0 SW CE  
Hours  
& 1.5 CDT'S  
Hours  
MiCEC-0038