

INTERNAL FAMILY SYSTEMS TRAINING

PRESENTED BY: LAWRENCE WENTWORTH PHD, LP, LMSW

In Person 9a-4p

February 28th

May 9th

June 13th

July 25th

To register for one of the training dates above please follow the link on the [Training Website](#)

Internal Family System is an evidence-based psychotherapy that applies family systems principles, compassion-based self-inquiry, and experiential techniques to work with inner parts of the person. It is widely used in the treatment of trauma and severe diagnoses, as well as a wide variety of psychological issues.

Participants will be able to:

- Describe the IFS model and identify the roles that various parts play in each system.
- Identify how they can integrate IFS concepts into their work with clients.
- Describe how exiled parts can be witnessed by self, retrieved from the past, and healed through an unburdening ritual.
- Explain the concept and role of the Self within IFS.



MCCMH West

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Approved for :
6 SW CE Hrs
6 CDTs Hrs
Approved Provider
MICEC-0038