## Grieving and Solution-Focused Brief Therapy and Practices 2025

Approved for 2.0 CDTS (Children's) Hours 2.0 SW CE

Presented By: Angela Curtis, MA

When:

9:00a-11:00a

Choose from one of the dates below:

2/20/25

6/25/25

9/8/25

12/8/25

Through this course you will learn the differences in types of grieving including cultural and complex aspects, history of grief treatment, DSM-5-definition of grieving and complex grieving, and effects of grieving on the brain. SFBT techniques will be described for use in Person Centered Planning for youth and adults. Contraindications are identified for use of SFBT for SMI individuals.

## **Training Objectives:**

- To learn the different types of grieving.
- Be able to differentiate between grieving, complex grieving, and depression.
- To identify Solution Focused Brief Therapy techniques for application in person-centered planning.

\*VIRTUAL\*
Training link will be sent out via email 1-2 business days prior to training date.



Please follow the link on the training website to register!

