CORRECTIONAL COUNSELING, INC. PRESENTS CERTIFIED, EVIDENCE-BASED TRAINING

MRT-MORAL RECONATION THERAPY® TRAINING

WHERE: VIRTUAL

WHEN: AUGUST 5 - 8, 2024

8:00am CDT - Daily (9:00am EDT)







MACOMB COUNTY COMMUNITY MENTAL HEALTH

- A 32-hour hands-on workshop that will cover everything you will need to know to successfully implement the MRT treatment system including information about understanding and treating the antisocial substance abuser
- Attendees will review the cognitive-behavioral method of Moral Reconation Therapy and participate in the program's structured cognitive-behavioral exercises.
- All participants will receive a certificate of completion as well as CEUs from LSUS. (A separate form and fee are required for the CEU certificates.)

<u>During this training, each person will receive a copy of the following:</u>

- How to Escape Your Prison (The MRT workbook)
- MRT Facilitators Handbook (contains information on the group process, specific objective criteria, and guidelines for all exercises and tasks in MRT, as well as specific "how to" instructions)
 - Understanding and Treating Antisocial Personality Disorder
- Reprints of 10 journal articles on outcome data on MRT programs
- **Effective Counseling Approaches** (contains a description of cognitive behavioral approaches, cognitive restructuring, and cognitive skills programs)
- 1 USB with two exercises: **5-Minute Stress Manager** and **Imaginary Future** (used to train facilitators how to get clients to set appropriate long-term goals)



TO REGISTER, CONTACT:

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