



**ATTENDANCE IS
REQUIRED FROM
8:30A-4:30P FOR
ALL 4 DAYS:**

**SEPTEMBER
23, 24, 25, 26**

***Training check-in begins
daily at 8:15a***

VIRTUAL

*Training link will be sent out
via email 1-2 business days
prior to training date.*

**REGISTRATION
REQUIRED! EMAIL:
TrainingOffice@
mccmh.net**

**APPROVED FOR
28 SW CE HOURS
MI CEC-0038**

Presented by: Dr. Emily Malcoun, M.Div., Ph.D and Dr. David Yusko, PsyD

TRANSDIAGNOSTIC ANXIETY TRAINING

This 4 day intensive Transdiagnostic Anxiety Training (TAT) workshop is appropriate for licensed mental health professionals, or those working under the license of a mental health professional. The workshop provides training in evidenced-based assessment and treatment of the following anxiety disorders:

- ⇒ Panic Disorder
- ⇒ Generalized Anxiety Disorder (GAD)
- ⇒ Specific Phobia
- ⇒ Social Anxiety Disorder
- ⇒ Obsessive-Compulsive Disorder (OCD)

The workshop includes:

- ◆ A review of the empirical support for the use of exposure therapy for the first line treatment of anxiety disorders
- ◆ Administration and interpretation of evidence based assessment tools for these anxiety disorders
- ◆ Instruction in delivering evidence-based interventions for anxiety disorders.
- ◆ Use of case examples to illustrate treatment concepts throughout the workshop
- ◆ Interactive lecture, role play and videos to solidify participants' comfort and skill with evidence-based assessment and practices for these anxiety disorders

