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Recovery Month Rally and Walk at Belle Isle *Pro BMX Superstar Tony Hoffman Hosts*

As part of National Recovery Month, the "Michigan Celebrates Recovery Month" Planning Committee is hosting the 17th Annual Celebrate Recovery Walk and Rally at Detroit's Belle Isle on Saturday September 9, 2017 at 10:30 a.m. Family-friendly activities and food will be provided at the event which celebrates recovery and supports friends and neighbors in recovery.

Pro BMX superstar and Rio 2016 Team America Olympic coach, Tony Hoffman will headline the event. Recovering from drug addiction himself, Tony has dedicated his life to bringing awareness around the country, describing the dangers of prescription pills, and heroin use.

Rapper Tommy Gunz will also share his experience, strength, and hope through his music to help carry the message of recovery to those struggling with addiction.

National Recovery Month sponsored by SAMHSA, within the U.S Department of Health and Human Services, is an observance held every September to educate Americans about substance use treatment and mental health services. This national observance raises awareness of mental and substance use disorders, celebrates individuals in long-term recovery, and acknowledges the work of prevention, treatment, and recovery support services.

"The opioid-Heroin crisis is one of the worst drug epidemics on record, causing countless lives throughout the nation," said Randy O'Brien, of Macomb County Community Mental Health Office of Substance Abuse. "Yet people continue to recover from their addictions through treatment, 12-step groups and other means."

Mental health and substance use disorders affect millions of Americans and directly touches the lives of individuals, family members, neighbors, and colleagues. Nearly one in 11 adults in Michigan had a substance use disorder during 2013-2014, according to the 2015 Michigan Behavioral Health Barometer.

Sponsors for the Celebrate Recovery Walk & Rally are: Detroit Wayne Mental Health Authority, Macomb County Community Mental Health Office of Substance Abuse, Oakland Community Health Network, National Council on Alcoholism and Drug Dependence, Salvation Army Adult Drug Rehabilitation Center, Sacred Heart Rehabilitation Center, CARE of Southeastern Michigan, Personalized Nursing Services, Hegira Programs, Inc, and Smart Recovery.

Families and communities can make a difference. Join the 17th Annual Celebrate Recovery Walk and Rally on Belle Isle. For more information visit <http://www.michigancelebraterecovery.com>

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