

(was MCCMH Policy 5-04-050)

Chapter: **CLINICAL PRACTICE**
Title: **PERSON-CENTERED PROCESS AND THE ROLE OF HEALTH AND SAFETY
CONSIDERATIONS**

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Approved by: David J. Bahkuf / 10/21/08
Executive Director Date

I. Abstract

This policy establishes the standards of the Macomb County Community Mental Health Board (MCCMH) in addressing the health and safety needs and concerns of individual consumer(s) while planning and providing MCCMH services and supports using a person-centered planning process.

II. Application

This policy shall apply to all directly-operated and contract network providers of the MCCMH Board.

III. Policy

It is the policy of the MCCMH Board that health and safety needs and concerns of each consumer be addressed on a person-centered, individual basis in the planning and provision of his/her services and supports, and that,

Whenever possible, services and supports to address health and safety concerns be planned and provided in such a way as to facilitate the consumer's achievement of his/her desired outcomes/goals.

IV. Definitions

A. Plan of Service

A formal written plan for the provision of services which describes the needs/problems to be addressed, the desired outcomes with timelines of service provision, the activities/interventions designed to facilitate achievement of desired outcomes, the individual responsible for implementing the activity/intervention, and the dates upon which service reviews will occur. The Plan of Service may include clinical services or supportive services, or both. The Plan of Service may be designed to serve an individual

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or a family.

B. Preliminary Plan of Service

A plan of service, developed at the time of the consumer's initial assessment for services or prior to the consumer's discharge from an inpatient psychiatric hospital, which specifies interim planning to address immediate assessment and service needs prior to the development and implementation of a full Plan of Service through a person-centered planning process.

C. Person-Centered Planning Process

A process for planning and supporting the individual receiving services that builds upon the individual's capacity to engage in activities that promote community life and that honors the individual's preferences, choices, and abilities. The person-centered planning process involves family, friends, and professionals as the individual desires or requires. (See MCCMH MCO Policy 2-001, "Person-Centered Planning Revised Practice Guidelines," Reference A.)

V. Standards

- A. Beginning with the initial assessment and throughout the course of service planning and provision, the individual consumer shall be encouraged to express and explore his/her wishes, needs and concerns with regard to health and wellness and to risk and safety issues, including the risk of serious communicable diseases, in his/her own terms. Dimensions of these issues which may not be apparent to the consumer shall be identified and discussed with him/her. Dimensions of health may include known health risks, treatments with known potential to create health risks and strategies for health maintenance and illness prevention. Dimensions of safety may include response to emergencies, household safety, and community safety.
- B. The consumer shall be encouraged to seek and/or receive assessments or additional information from relevant professionals when health and safety issues, including the risk of serious communicable diseases, arise during the course of assessment, service planning or service provision in order to make informed choices as to his/her own services and care.
- C. The person-centered planning process shall be the vehicle through which the consumer is assisted to identify and work toward achievement of his/her personal objectives through planning and receiving services and supports necessary to assist him/her in doing so safely.
- D. Whenever known health risk conditions exist and/ or treatments with known potential

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health risks are provided, the individual's Provisional Plan of Service or Plan of Service must specifically describe the interventions which will be implemented to safeguard the consumer. For example, the Plan of Service for an individual with a documented seizure disorder may specify that side rails are to be raised when the consumer is in bed to prevent a fall.

- E. Whenever substance use, abuse or dependence is identified, the consumer's Provisional Plan of Service or Plan of Service shall specifically describe the interventions which will be employed to address such use.
- F. Unless the consumer's legal status (e.g. guardianship, NGRI status, etc.) limits the range of choices he/she has the opportunity to make, the safety risks associated with the life choices made by the consumer shall be addressed in the Preliminary Plan of Service or Plan of Service through specifically described supports and interventions designed to assist the consumer in implementing his/her decisions safely. For example, the Plan of Service may specify how the consumer who has decided to work a midnight shift will get to and from work safely.
- G. Consumers whose legal status limits their opportunities for personal choice shall be given opportunities to express their perceived needs and whenever possible, opportunities to make choices among limited options. For example, the consumer's guardian and MCCMH may concur that the consumer requires a specialized residential living arrangement however, the consumer may be able to select which of two available arrangements he or she would prefer to live in.

VI. Procedures

- A. None.

VII. References / Legal Authority

- A. MCCMH MCO Policy 2-001, "Person-Centered Planning Revised Practice Guidelines"

VIII. Exhibits

- A. None.