

## UBHC Physical Management Debriefing Procedure

- I. The assigned clinician and nurse:
  - a. Will identify staff, the individual, and other individuals that may have been involved or witnessed the physical management
  - b. Will ensure that the debriefing occurs as soon as possible following the de-escalation of the individual
  - c. Will ensure that the debriefing procedure is followed
  
- II. The debriefing must address:
  - a. What happened during the incident
  - b. What lesser restrictive measures were attempted prior to the initiation of physical management
  - c. Any trigger factors
  - d. Each person's (including other individuals that may have been involved or witnessed) role in the incident
  - e. Their feelings at the time of the incident, at the review, and how they may feel in the near future
  - f. What can be done to address their concerns
  - g. Will ensure that the results of debriefing are documented.