

MACOMB COUNTY COMMUNITY MENTAL HEALTH

FOCUS – ASAM

ASAM Dimension 1

Dimension 1: Acute Intoxication and/or Withdrawal Potential	Risk Rating
<input type="checkbox"/> No signs or symptoms of intoxication or withdrawal present <input type="checkbox"/> No alcohol/drug use in past 72 hours <input type="checkbox"/> Well stabilized on MAT dose <input type="checkbox"/> Adequate ability to tolerate and cope with withdrawal discomfort <input type="checkbox"/> Minimal risk of severe withdrawal (no history of complications/no current issues causing risk concerns) <input type="checkbox"/> Physically dependent on opioids and requires MAT to prevent withdrawal <input type="checkbox"/> Stable on current MAT dose or experiencing mild symptoms	<input type="radio"/> Low
<input type="checkbox"/> Some difficulty tolerating and coping with withdrawal discomfort <input type="checkbox"/> Current intoxication does not pose an imminent danger to self or others as individual responds to supports <input type="checkbox"/> MAT dose is not stable as evidenced by moderate symptoms	<input type="radio"/> Moderate
<input type="checkbox"/> Significant signs and symptoms of intoxication that pose an imminent danger to self/others <input type="checkbox"/> Significant signs and symptoms of withdrawal - shakes, sweats, nausea/vomiting, nervousness, tremors requiring sub-acute detoxification <input type="checkbox"/> History of significant withdrawal complications - i.e., seizures, DTs, and individual currently using <input type="checkbox"/> Poor ability to tolerate and cope with withdrawal discomfort <input type="checkbox"/> Unstable on MAT dose with significant symptoms present <input type="checkbox"/> Intoxicated to the point of incapacitated, with severe signs and symptoms requiring hospitalization <input type="checkbox"/> Severe continued use or withdrawal issues present requiring hospitalization (i.e., seizures, liver failure, GI bleeding)	<input type="radio"/> High
<p>*MAT - Medication Assisted Treatment</p>	

Comments

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SAVE AND CONTINUE TO NEXT DIMENSION

ASAM Dimension 2

Dimension 2: Biomedical Conditions and Complications - (exclude symptoms due to withdrawal or intoxication)	Risk Rating
<input type="checkbox"/> No biomedical signs or symptoms <input type="checkbox"/> Medical problems, if any, are stable <input type="checkbox"/> Adequate ability to tolerate and cope with physical discomfort <input type="checkbox"/> Mild signs or symptoms (mild pain) effecting daily functioning	<input type="radio"/> Low
<input type="checkbox"/> Some difficulty tolerating and coping with physical problems that may interfere with recovery treatment <input type="checkbox"/> Medical issues, if any, are stable or are being addressed concurrently <input type="checkbox"/> Pregnancy related health risks require monitoring but will not prevent individual from engaging in services <input type="checkbox"/> Individual neglects to care for serious biomedical problems	<input type="radio"/> Moderate
<input type="checkbox"/> Poor ability to tolerate and cope with physical problems <input type="checkbox"/> General/overall health condition is poor <input type="checkbox"/> Severe medical problems (i.e., extreme pain, uncontrolled diabetes, GI bleeding) needing inpatient hospital services	<input type="radio"/> High

Comments: (Indicate currently prescribed medications that need to be considered for placement decisions)

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SAVE AND CONTINUE TO NEXT DIMENSION

ASAM Dimension 3

Dimension 3: Emotional, Behavioral, or Cognitive Conditions and Complications	Risk Rating
<input type="checkbox"/> No mental health problem <input type="checkbox"/> Stable mental health disorder <input type="checkbox"/> Emotional concerns are related to negative consequences of SUD <input type="checkbox"/> None or mild social impairment <input type="checkbox"/> Adequate resources and skills to cope with emotional or behavioral problems <input type="checkbox"/> Diagnosed mental disorder that requires intervention but does not significantly interfere with SUD treatment	<input type="radio"/> Low
<input type="checkbox"/> Emotional, behavioral, or cognitive problems distract from recovery efforts <input type="checkbox"/> Poor resources or skills to cope with emotional or behavioral problems <input type="checkbox"/> Unstable mental health but not in imminent danger	<input type="radio"/> Moderate
<input type="checkbox"/> Frequent impulses to harm self or others <input type="checkbox"/> Emotional, behavioral or cognitive problems are significant enough to negatively impact recovery efforts <input type="checkbox"/> Inadequate ability to manage activities of daily living <input type="checkbox"/> Demonstrating severe psychiatric symptoms requiring hospitalization <input type="checkbox"/> Severely at risk of harming self or others requiring	<input type="radio"/> High

Comments: (Include current mental health diagnosis and/or prescribed psychiatric medication that need to be considered for placement decisions)

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SAVE AND CONTINUE TO NEXT DIMENSION

ASAM Dimension 4

Dimension 4: Readiness to Change	Risk Rating
<input type="checkbox"/> Committed to changing substance use <input type="checkbox"/> Willingly engaged in recovery/taking action steps towards recovery <input type="checkbox"/> Willing to enter treatment to explore strategies for changing substance use but is ambivalent about the need for change <input type="checkbox"/> Willing to explore the need for treatment to reduce/stop substance use problems <input type="checkbox"/> Willing to change substance use but believes it will not be difficult to do or does not accept a full recovery	○ Low
<input type="checkbox"/> Reluctant to agree to SUD treatment <input type="checkbox"/> Recognizes negative consequences of substance use but has low commitment to change use <input type="checkbox"/> Ambivalent about change <input type="checkbox"/> Ready to change negative effects of opioid use but is not ready for abstinence from other substances, therefore needing OTP services	○ Moderate
<input type="checkbox"/> Exhibits inconsistent follow through with recovery attempts and continues to use <input type="checkbox"/> Minimal awareness of personal SUD and need for treatment <input type="checkbox"/> Unaware of need for change <input type="checkbox"/> Has little or no awareness of substance use problems and related negative consequences <input type="checkbox"/> Knows very little about addiction <input type="checkbox"/> Sees no connection between current problems and substance use <input type="checkbox"/> Attributes SUD problems to other persons or external events	○ High

Comments

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[SAVE AND CONTINUE TO NEXT DIMENSION](#)

ASAM Dimension 5

Dimension 5: Relapse, Continued Use, or Continued Problem Potential	Risk Rating
<input type="checkbox"/> No potential for further SUD problems <input type="checkbox"/> Low relapse potential/able to maintain abstinence with minimal support <input type="checkbox"/> Fair relapse prevention skills	<input type="radio"/> Low
<input type="checkbox"/> Impaired recognition and understanding of relapse issues but able to manage with prompting/support of treatment <input type="checkbox"/> Intensification of symptoms indicate a high likelihood of relapse without close monitoring/support <input type="checkbox"/> At high risk of continued opioid use without OTP services	<input type="radio"/> Moderate
<input type="checkbox"/> Little recognition and understanding of relapse issues <input type="checkbox"/> Poor skills to cope with addiction problems <input type="checkbox"/> Unable to control use despite active participation in less intense level of care <input type="checkbox"/> Lacks skills to abstain from use/lacks recovery plan <input type="checkbox"/> Unable to obtain/maintain abstinence	<input type="radio"/> High

Comments

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**SAVE AND CONTINUE TO NEXT DIMENSION**

ASAM Dimension 6

Dimension 6: Recovery/Living Environment	Risk Rating
<input type="checkbox"/> No problem in this area <input type="checkbox"/> Family/social network is supportive of recovery <input type="checkbox"/> Family/environment will not interfere with recovery efforts	<input type="radio"/> Low
<input type="checkbox"/> Living environment is not actively supportive but not drastically impacting recovery <input type="checkbox"/> Few social supports but not adequate for recovery efforts <input type="checkbox"/> Struggles to cope with substance use in family/environment	<input type="radio"/> Moderate
<input type="checkbox"/> Environment is not supportive of recovery <input type="checkbox"/> Active substance use in family/environment impacting on recovery <input type="checkbox"/> Family/support is hostile/toxic towards recovery efforts <input type="checkbox"/> Unable to cope with negative living environment <input type="checkbox"/> Living environment poses immediate threat to the individual's safety and well-being	<input type="radio"/> High

Comments

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SAVE AND CLOSE WINDOW

ASAM Result[Complete ASAM Worksheet](#)

Dimension 1:
 Dimension 2:
 Dimension 3:

Dimension 4:
 Dimension 5:
 Dimension 6:

Comments 

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**TIP:****Level Of Care****ASAM LEVEL OF CARE:****Level 0.5: Early Intervention**

Diagnosis - No Substance Use Disorder diagnosis, but at risk as evidenced by at least one of the following:

- a. Willing to explore how current substance use may be harmful or affect personal goals
- b. Lacks understanding of the need to alter current behavior/substance use to prevent harm;
Needs skills to change current pattern of use
- c. Social support system is comprised primarily of individuals with substance use issues;
Family members have SUD issue and put individual at risk for SUD;
Family/friends actively support/promote or encourage addictive behaviors

Level 1: Outpatient

Diagnosis - Substance Use Disorder;
 Dimensions - All six dimension rating scores are low

Level 2: Intensive Outpatient

Diagnosis - Substance Use Disorder
 Dimensions - Meets moderate score in at least one of dimensions 4, 5, or 6; other scores are low risk

Level 3: Residential Treatment

Diagnosis - Moderate or Severe Substance Use Disorder
 Dimensions - High risk on at least two of Dimensions 4, 5 and/or 6

Level 4: Inpatient Treatment

NOT MCOSA/SUD FUNDED
 Dimensions 1 and/or 2 high risk score - referral for inpatient medical hospitalization screening;
 Dimension 3 high risk score - referral for inpatient psychiatric hospitalization screening